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Swifter, higher, stronger – and poorer

VANCOUVER, British Columbia — Caitlin Compton won the 5-kilometer-freestyle title at the U.S. Cross Country Championships last year in Anchorage, Alaska, then flew home to Minneapolis. The next day she was back at work. Cleaning toilets. “I’m not too proud to admit it,” she says. To get a break on rent, Compton cut a deal with her apartment complex [...]

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Ex Pros: They Can't Go Forward, They Can't Go Back: <http://bit.ly/24vx6g> 2009-11-11

25 Rich Athletes Who Went Broke: <http://bit.ly/2mEPzT> 2009-10-22

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In sports, barriers, obstacles and hurdles serve only to make you a better athlete. To win, athletes must overcome fears, break bad habits and train with focus. It is the same for entrepreneurs. To achieve your business goals, you need to continually get beyond barriers both physical and mental to reach your pinnacle of success. Together we will conquer fears, accomplish goals and succeed.

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